The Pelvic Pain and Urinary Frequency (PUF) Patient Symptom Scale

Please circle the answer that best describes how you feel for each question

<table>
<thead>
<tr>
<th>Symptom Score</th>
<th>Bother Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6</td>
<td>7</td>
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</tbody>
</table>

1. How many times do you go to the bathroom during the day?  
   3-6
   7-10
   11-14
   15-19
   20+

2a. How many times do you go to the bathroom at night?  
   0
   1
   2
   3
   4+

2b. If you get up at night to go to the bathroom, does it bother you?  
   Never
   Mildly
   Moderately
   Severe

3. Are you currently sexually active?  
   Yes _________  No _________

4a. If you are sexually active, do you now or have you ever had pain or symptoms during or after sexual intercourse?  
   Never
   Occasionally
   Usually
   Always

4b. If you have pain, does it make you avoid sexual intercourse?  
   Never
   Occasionally
   Usually
   Always

5. Do you have pain associated with your bladder or in your pelvis (vagina, lower abdomen, urethra, perineum, testes, or scrotum)?  
   Never
   Occasionally
   Usually
   Always

6. Do you have urgency after going to the bathroom?  
   Never
   Occasionally
   Usually
   Always

7a. If you have pain, it is usually...  
   Mild
   Moderate
   Severe

7b. Does your pain bother you?  
   Never
   Occasionally
   Usually
   Always

8a. If you have urgency, it is usually...  
   Mild
   Moderate
   Severe

8b. Does your urgency bother you?  
   Never
   Occasionally
   Usually
   Always

Symptom Score (1, 2a, 4a, 5, 6, 7a, 8a) =

Bother Score (2b, 4b, 7b, 8b) =

Total Score (Symptom Score + Bother Score) =

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