
BIPOLAR SPECTRUM DIAGNOSTIC SCALE (BSDS)

SCORING INSTRUCTIONS

The BSDS scoring ranges from 0 to 25 points (see Table below). A total score from 20 to 25 points indicates that bipolar spectrum disorder is highly likely; a score from 13 to 19 indicates moderate probability; a score from 7 to 12 indicates low probability; and a score from 0 to 6 indicates that bipolar disorder is highly unlikely.

TOTAL SCORE	RANGE	LIKELIHOOD OF BIPOLAR DISORDER
	0 - 6	Highly unlikely
	7 - 12	Low probability
	13 - 19	Moderate probability
	20 - 25	High probability

Optimum threshold for positive diagnosis: score of 13 or above.